Your essential daily news | wednesday, december 23, 2015

High 6°C/Low 3°C Clouds, drizzle

(2) (1)



Impaired driver numbers 'scary': Police

DANGER

Officers lay 136 charges in the city in past two months alone



Although it's good to see more than 130 people held accountable for impaired driving, Halifax police say it's "scary" to think that's necessary.

In October and November, Halifax Regional Police and Halifax RCMP charged a total of 136 people with impaired driving, 58 in October and 78 in November.

"Our officers are doing a

good job in patrolling the streets and keeping our citizens safe," said Halifax Regional Police spokeswoman Const. Dianne Woodworth.

"But we also put these numbers out there to make people aware that this is still going on in this day and age, which is scary."

In October, police charged 44 men and 14 women ranging

in age from 18 to 65. Breath samples ranged from 100-260 milligrams of alcohol in 100 milliitres of blood. Police said 22 drivers had readings more than twice the legal limit of 80 milligrams, and three had readings three times the limit.

In November, police charged 58 men and 20 women, ranging in age from 20 to 71.

Breath samples ranged from



Last year saw very similar numbers, with police charging 73 in October and 60 in November.

90-300 milligrams of alcohol in 100 millilitres of blood. Of these, 18 drivers were impaired

with readings more than twice the limit, and two had readings three times the limit.

Woodworth said coming into the holiday season, it's especially important to remember getting behind the wheel after drinking is "not worth it."

"It's our sisters and brothers and mothers and fathers that are out there on the street," she said.



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METANIEWS

Your essential daily news

As Rudolph gears up to guide Santa's sleigh, science explains his shiny, red nose. World

AROUR

Province approves rebate; union irked



The Nova Scotia Labour Federation is questioning how the province can offer a rebate to an international company after legislating wage increases last week.

On Tuesday, the province said Nova Scotia Business Incorporated approved a payroll rebate for the Butterfield Bank of Bermuda up to \$840,000.

The agency said the bank could create up to 50 new jobs for its shared-services centre in Nova Scotia, and spend \$10.5 million in salaries over the six-year rebate agreement.

"They are 'potential jobs' and while we applaud all jobs created in this province, this one comes with a huge price tag ... for a corporation which can easily afford to create these jobs here," said Danny Cavanagh, president

of the Nova Scotia Federation of Labour, in a release.

"Why won't the Liberals invest in the existing workforce."

Labour unions, opposition parties and public workers protested Bill 148 last week but the Liberal majority government passed it Friday morning.

The bill would impose a fouryear wage package, including two years of zero increases, on most of Nova Scotia's 75,000 public servants.

Cavanagh said the province really needs more health care providers, classroom services, and child care.

"The Liberals campaigned to end corporate handouts and they are doing anything but," Cavanagh said.

More than \$25 million has been handed out to banks as provincial services and department budgets are cut "because they keep saying 'there is no money,'" Cavanagh said.



Union members protest last week in Halifax. JEFF HARPER/METRO

ROAD SAFETY

Police seek driver who hit pedestrian

Police are asking for the public's help to identify the driver involved in a vehicle/pedestrian collision that occurred in Halifax.

Police say that around 2 p.m. on Oct. 28, a 56-year-old woman was in the crosswalk behind the Mumford Road bus terminal when she was hit by a vehicle.

The driver stopped to assist the pedestrian and asked if he should call the police, but at the time the woman didn't believe she was injured.

The woman realized that she had sustained non-life threaten-

ing injuries as a result of the collision several days later. She reported the incident to police on Nov. 3.

Police emphasize this is not a hit and run, as the driver stopped at the time of the collision. However, his information is required for the report.

The driver is described as a white man in his late 40s or early 50s with some facial hair.

Police ask anyone with information about this incident or the driver to contact them or Crime Stoppers.

REBECCA DINGWELL/FOR METRO



Tracy Cater delivers donations to the Bayers Lake drop-off location on Tuesday. More than 10,000 items have been donated to

Syrian crisis spurs holiday donations

CHARITY

More than 2,000 people have visited refugee centre



Rebecca Dingwell For Metro | Halifax

Tens of thousands of items have been donated to a refugee donation drop-off centre in Halifax.

In fact, on Tuesday, donations were piled by the door hours

before the Bayers Lake centre was scheduled to open.

Tracy Cater was one of those donors. Cater said she recently hosted a party, for which she encouraged friends to bring items to be donated.

"I was just very strongly affected by the news coverage (of refugees)," she said after dropping off her donations. "Just thinking about people coming in with absolutely nothing."

Cater feels folks may be encouraged to give more than usual since it's the holidays.

"(People are) kind of recognizing our good fortune and health... and want to do what DONATIONS

The NSOI release said enough clothing has already been collected, but they are still in need of the following:

- Winter outerwear
- Personal hygiene items
- Hangers

they can," she said.

According to a release by Nova Scotia Office of Immigration (NSOI), more than 2,000 people have visited the Refugee Donations Drop-Off Centre in Bayers Lake where the old RONA would be.

The centre opened for the first time on Dec. 12. As of Tuesday night, the centre is closed for the Christmas holidays but will re-open on Dec. 29 at 4 p.m.

From Dec. 17 to 18 as well as the 21st, Halifax City Hall also opened its doors for donations. They were then taken to the Bayers Lake location.

City spokesperson Jennifer Stairs said they received "five cube vans full" of donations, including everything from toiletries to grocery store gift cards.

MENITU

Couple stranded in U.K. to return home

A man with severe disabilities is scheduled to return to Nova Scotia after people donated money and travel points to help get him and his wife home.

Robert and Stephanie Denton are set to arrive at the Halifax International Airport just before midnight Wednesday

Liberal MP Bill Casey has been co-ordinating the effort to bring the couple home, saying they became stranded in the U.K. with few resources

He says people have of-

fered Aeroplan travel points, cash, a hospital bed, wheelchair and other special equipment.

The couple had hoped to return home to Truro, but didn't have the means to travel.

THE CANADIAN PRESS



Bill Casey says Robert Denton suffers from a serious neurological illness, is confined to a wheelchair and has limited use of his arms.

Officials to probe handling of murder

An investigator is being appointed to examine how the Saint John police force handled the Richard Oland mur-

The announcement was made Tuesday on the website of the New Brunswick Police Commission, which says it's acting at the request of the Saint John board of police commissioners.

The way Saint John police conducted their investigation was a central issue during the second-degree murder trial, which began in September.

A jury found Dennis Oland guilty Saturday of killing his father.

Justice John Walsh reminded jurors during his charge there was evidence that police failed to prevent too many people from entering Richard Oland's office after his body was found and officers allowed a second-floor washroom to be used before it could be forensically tested.

The court also heard police didn't ensure the back door a possible exit from the crime scene — remained untouched before it could be examined.

Steve Roberge, the executive director of the Fredericton-based commission, said in a telephone interview that his investigators have been asked to look into the concerns raised by Walsh in his address to the jury.

He also said the inquiry can go beyond the issues of the crime scene and look at any issues relevant to police performance in the high-profile investigation, including the use of search warrants.

Roberge said many of the issues have already been dealt with by the force.

The results and any recommendations will be forwarded to the provincial minister of Public Safety for consideration, but there is no set timeline for completion.



Dennis Oland was found quilty of second-degree murder in the death of his father, Richard Oland, ANDREW VAUGHAN/THE CANADIAN PRESS

Police searching waters in unsolved double homicide

Earle Stewart, **Matthew Hebb** killed in 2012



Rebecca **Dingwell** For Metro | Halifax

Police are searching bodies of water outside of Halifax in relation to the killings of

Earle Stewart and Matthew

RCMP spokesperson Const. Mark Skinner said police are searching in a radius of about five kilometres in the waters of Sheet Harbour in the area where the men's bodies were found just over three years ago.

'There's a number of bodies of water that are going to be searched over the next couple of days,"



I can't get into saying if there was new evidence. What I can say is (the cases) remained opened, and this is where the evidence has lead.

RCMP spokesman Const. Mark Skinner

Skinner said Tuesday.

In December 2012, the remains of 59-year-old Stewart and 22-year-old Hebb were found after emergency personnel responded to a structure fire off Highway 374 near Sheet Harbour.

Both men were from the Herring Cove area.

Skinner said they are searching a body of water in the community of Cliff's Landing as well as one off of Lochaber Mines Road.

This search comes just a couple of weeks after police issued a release acknowledging the third-year anniversary of the deaths.

In the release, police encouraged members of the public to come forward if they had information.



WORKPLACE INJURY EMPLOYEE TRIPS, HURTS SELF AT CONSTRUCTION SITE

An industrial accident at a Barrington Street construction site left one man injured on Tuesday.

Chrissy Matheson, a spokesperson with the province's labour department, said the accident happened at the Southport condo development under construction at 1057 Barrington St. just before 1 p.m.

"Preliminary findings show that a worker tripped at the ground level," Matheson said via email.

Matheson added the man who was hurt is employed by Rendan Fabricators and suffered non-life threatening injuries. JEFF HARPER/METRO

Officers investigating rash of recent break-and-enters

Police are alerting the public to a recent rash of breakand-enters on the Halifax

Over the last two weeks, Halifax Regional Police said in a release they've received six reports of break-and-enters, including:

Dec. 8: Unlocked shed in the 5000 block of Shirley Street, bags of recyclables

Dec. 9: Vacant residence in the 2000 block of Beech



Anyone with information about these incidents, or those who want to report a similar breakin, should call police at 902-490-5016.

Street, nothing taken.

Dec. 10: Business in the 6000 block of Coburg Road, electronics taken.

Dec. 10: Vacant residence in the 2000 block of Connaught Avenue, nothing

Dec. 10: Residence where the homeowner was away in the 2000 block of Kline Street, computers taken.

Dec.14: Unlocked shed at a residence in the 1000 block of Robie Street, bicycle taken.

There are no suspects at this time and police said it's not known if the crimes are connected. METRO

🛑 IN BRIEF

Man issued ticket after being struck by vehicle

Halifax Regional Police ticketed a 66-year-old man following a vehicle/pedestrian collision on Tuesday

Police say a car travelling outbound on Herring Cove Road struck a man as he was crossing the street. The man was not in a crosswalk. He was transported to hospital with non-life-threatening injuries.

The man was issued a ticket for moving into the path of a vehicle when it was impractical for the vehicle to stop. METRO

Two men rescue dog

Firefighters in a Nova Scotia community responded to a dog rescue Monday after-

Billy Holley, fire chief for Eureka, said his department received a call around 4 p.m. Monday that a large dog was in the water in a pond in Riverton after falling through the ice. He said the department received a 911 call that two men were standing on the ice trying to rescue it.

He said the men were able to rescue the dog and it was wrapped in blankets and returned safely to its owners. TC MEDIA

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A Year in Pictures

We could fill these pages with images of snow from the Winter of 2015, but there was more to the year than that. Ellie Black made the province proud in August winning five Pan Am medals. Mayor Mike Savage tried his hand, and feet, at line dancing to kick off the Canadian Country Music Awards. The year also saw massive opposition to the Film Tax Credit cuts. Here are those moments and more personal favourites. For more of my top pics, visit metronews.ca





HIGH WATER

A woman waits for a tow after her daughter's car stalled in the deep water on Chain Lake Drive in February.

Chain Lake Drive became a temporary lake in the wake of a cycle of freezing and thawing and rain after record amounts of snowfall.







Gymnast Ellie Black displays her five medals for the media at the Halifax Stanfield International Airport after returning home from the Pan Am Games in August.



REMEMBERING RYLEE

Rylee Sears' younger brother Josh, aged 12, looks up to his sibling's teammates during the start of a memorial hockey game at Sackville Arena in February.

More than 1,400 people packed into the arena that night to honour Josh's brother Rylee, the 16-year-old Sackville Flyers Midget B hockey player who died of meningococcal meningitis in January of this year.



Trailer Park Boys' John Dunsworth yells into a microphone during a rally outside Province House in support of the Nova Scotia Film Industry in April.

The actor was one of many people in the province's entertainment industry protesting the province's decision to slash Nova Scotia's tax credit from \$24 million to \$6 million







SHE'S **GOT A HEAD FOR ART**

Dartmouth artist Nikki Barnett in the studio with one of her unique animal skulls. She gives them new life by adorning them with jewels, buttons and other trinkets.



Mayor Mike Savage tries his hand at line dancing during a noon-hour kickoff of the Canadian Country Music Awards at Grand Parade in September.



HOMECOMING

Renee Postma, left, and her daughter Livvy catch a glimpse of husband and father Senior Hull Tech Brian Postma as the HMCS Fredericton returns from deployment in August.



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Cities to get green holiday

Wednesday, December 23, 2015

Half of all Canadians will see a white Christmas this year, in what The Weather Network's chief meteorologist is calling "a tale of two seasons."

While most of Canada's landmass will be blanketed in the requisite two centimetres of snow to reach white Christmas status,

y o u can pretty much divide the population right down the middle," Chris Scott explaining that most ada's major cities will be green on Christmas Day.

Scott said that southern Ontario straight through to Atlantic Canada will be snow-free, and some areas can even expect rain on Christmas Eve.

But from northern Ontario to British Columbia, it's a different story, he said. In those regions — excluding Vancouver and Victoria — the ground will be snowy.

But, he said, there shouldn't be any "big-ticket storms" on Christmas Day.

THE CANADIAN PRESS

TECHNOLOGY

ISIL to build its own app

Move over Angry Birds: angry extremists are looking to capture more than just market share and give new meaning to the phrase killer app.

The Islamic State of Iraq and the Levant's (ISIL) online reach seemed to know no bounds in 2015, with brutal YouTube video executions, Twitter messaging and even good old-fashioned chat rooms, but defence contractors and security groups are now warning about the extremist organization developing its own smartphone

The app can be used on Android devices and gives access to the online portal Amaq News Agency, which western intelligence officers, who spoke on background, claim is associated with ISIL's propaganda arm.

The app also contains written accounts of life under the self-declared caliphate, battlefield reports, statements on executions and, perhaps most importantly, videos.

THE CANADIAN PRESS



Drone enthusiast McKinley Raham lost his drone in a Toronto park, but was reunited with it after he made lost pet-style posters. Transport Canada wants to make sure new pilots know the rules and risks around operating the machines. TODD KOROL/TORSTAR NEWS SERVICE

Gifting drones has regulators nervous

TRANSPORTATION

UAVs a risk to manned aircraft, says director

A new toy under the tree this year is making Transport Canada nervous.

On Christmas morning, it's expected thousands of drones will be unwrapped and take to the skies in test flights across the country, all piloted by newbie aviators.

With the "exponential"

growth of the drone industry, the federal regulator wants to make sure the new pilots and they are indeed pilots know the rules and risks around operating their new machines.

"Our real concern given the growth in this industry is around the risk to aircraft in the air and to people on the ground," said Aaron McCrorie, Transport Canada's director general of civil aviation.

McCrorie said few recreational drone operators have any training. "Ignorance is perhaps our biggest challenge. People don't know what it means to operate safely," he said.

The caution comes at the end of a year when commercial pilots have reported a growing number of

worrisome encounters with drones, also known as iStock unmanned aerial vehicles (UAVs). At times, they are just

a nuisance. In November, a "concerned citizen" in Cambridge reported a drone flying low overhead. "The drone was flying just below the street lights and over people's heads and very close to residences," according to a preliminary

Transport Canada report. Transport Canada has

launched an awareness campaign to promote the

safe operation of drones. The proposed rules would set

out re- quired training and age restrictions, depending on the type of drone and where it would be flown. For example, the rules don't allow drone flights within nine kilometres of an airport. TORSTAR NEWS SERVICE

Close calls with drones

An Air Canada jet at Toronto's Pearson International Airport deviated from its flight path to avoid a UAV flying directly in the busy departure route.

2 July

The pilots of a Jazz Airlines Dash 8 turboprop reported a near miss with a drone during their arrival at Edmonton International Airport. The crew initially thought it was another aircraft but as it passed below and to the left, the captain identified it as a UAV travelling in the opposite direction.

3 August

Water bombers fighting a forest fire in B.C. were grounded for several hours after a drone was spotted in the area. Afterward, the B.C. government said it would consider changing its Wildfire Act to possibly punish irresponsible drone operators.

Canadians with cannabis convictions want pardon



Marcus Richardson DARRYL DYCK/THE CANADIAN PRESS

Marcus Richardson is, in the eyes of the law, a criminal.

Never mind that a judge ruled the six kilograms of cannabis police found in his car was for severely ill patients at a medical marijuana dispensary.
Or that the same judge im-

posed only a minimum sentence because anything more would fail to maintain "a just, peaceful and safe society."

He's a criminal — and so are scores of other Canadians who face barriers to travel and work because they were caught with a drug that the government now

intends to legalize.

"My charge wasn't like, 'He was practising civil disobedience at a place that was helping sick and dying people improve the quality of their last days on earth," Richardson said.

"If the charge read like that, I'd have no problem with it. It reads like, 'I'm a marijuana trafficker.'"

Canadians with criminal records for marijuana crimes are eagerly waiting to see if Prime Minister Justin Trudeau will offer pardons when pot is legalized. Tens of thousands are charged with possession every year, and

if convicted face consequences that can be devastating.

Richardson was driving across Vancouver's Lions Gate Bridge in 1998 when police stopped him at a roadblock and found several kilograms of marijuana and \$6,000 in his trunk.

A judge found the drugs were intended only for B.C. Compassion Club Society members. But he was convicted of possession for the purpose of trafficking and received a suspended sentence and six months' probation.

Today, the 42-year-old father of three holds a federal licence



The previous Conservative government overhauled the pardon system in 2012, making it more expensive and rigorous. Pardons seal a criminal record to allow offenders who have lived crime-free to reintegrate.

to grow and possess marijuana and runs a business selling equipment for medical cannabis users.



IN BRIEF

Students killed in shell attack on Syrian school

The Syrian government and an opposition monitoring group say that at least nine students have been killed and several wounded by a mortar shell that slammed into their school in the northeastern city of Deir el-Zour.

Syrian TV says the shell that hit the Harabesh elementary school for girls in a government-held part of the city on Tuesday was fired by "terrorists" — the term the government uses for all armed groups fighting against its forces. THE ASSOCIATED PRESS

U.K. sends advisers to Afghan district under siege

Fierce battles were underway Tuesday between Afghan forces and the Taliban in southern Helmand province, where the insurgents have almost completely captured a strategic district as Britain deployed military advisers to the restive area.

A British Ministry of Defence statement late Monday said that "a small number of U.K. personnel" have been deployed to Helmand "in an advisory role." THE ASSOCIATED PRESS

Human-rights abuses alleged in Burundi

A group says independent experts should investigate Burundi's forces for alleged human-rights violations, including extra-judicial executions, rape and looting in the unrest over President Pierre Nkurunziza's extended tenure.

Amnesty International called Tuesday for investigations as Burundi's top security body rejected the African Union's plan to deploy peacekeepers to the central African nation to prevent the violence from escalating. THE ASSOCIATED PRESS



Migrants arrive on the Greek island of Lesbos on Nov. 2 after crossing the Aegean sea from Turkey's coast.

Over 1M migrated to Europe in 2015

The majority travelled by sea, say experts

More than one million people - driven out of their countries by war, poverty and persecution — entered Europe in this record-breaking year, migra-tion experts said Tuesday, a symbolic milestone capping a mass movement of people that has challenged the concept of European unity.

With just days left in 2015, the Geneva-based International Organization for Migration said 1,005,504 people had entered Europe as of Monday, more than four times as many as last year. Almost all came by sea, while 3,692 others drowned trying to make the crossing.

IOM director-general William Lacy Swing urged European governments to make migration safer.

We know migration is inevitable. It's necessary and it's desirable," he said, adding: "Migration must be legal, safe and secure for all — both for the migrants themselves and the countries that will become their new home.

The IOM compiles the numbers from government records

in Greece, Italy, Bulgaria, Spain, Malta and Cyprus, spokes-man Joel Millman said. He noted that the real number of people entering Europe may be even larger, because authorities are struggling to track all arrivals given the sheer vol-

Most people en-tered Europe via Greece, which took in 820,000 people this year, nearly all of

them crossing from Turkey by boat across the Aegean Sea. Another 150,000 came

About half of the people entering Europe were Syrians, while 20 per cent were Afghans and 7 per cent Iraqis, IOM said.

into Italy across the Mediterranean from north Africa, while smaller numbers crossed from Turkey by land into neighbouring Greece and Bulgaria.

Much smaller numbers arrived by boat to other Mediterranean countries.

Others — not accounted for in the IOM tally - crossed

into Europe across other borders, such as a route from Russia to Norway where a few thousand people have crossed by bicycle. THE ASSOCIATED PRESS

RESEARCH

The science of Rudolph

Everyone knows Rudolph has a red nose but what about his eyes?

Prompted by questions from his four-year-old daughter, anthropology professor Nathaniel Dominy of Dartmouth College in Hanover, N.H., recently wrote a scholarly paper on how the unique properties of reindeer eyes might explain the advantage of having a very shiny nose, particularly if it produces red light.

Reindeer eyes include reflective tissue that appears to glow when light hits it. In reindeer, the tissue changes from a golden colour during the summer to a

deep blue in winter.
"What happens is that at night, the animals are trying to dilate their pupils to allow as much light into the eye as possible, and because those muscles are so active, it actually blocks little valves in the eye," Dominy explained. "The pressure in the eye builds up and compresses that tissue in the back of the eye, which causes the refractive properties to change.

While that change could boost an animal's ability to spot food in the snow when daylight in the Arctic is dim and purplish, it would be a distinct disadvantage on a foggy Christmas Eve because fog blocks blue light, Dominy said.

Enter the red nose.

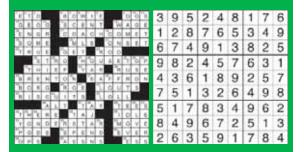
Of all the colours, red light travels through fog fastest, making it ideal for guiding Santa's sleigh. THE ASSOCIATED PRESS



A reindeer grazes at the California Academy of Sciences in San Francisco.

THE ASSOCIATED PRESS FILE

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HALIFAX

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Your essential daily news

Research shows this year's MERS virus outbreak in South Korea was due largely to "superspreaders" social butterflies who infected up to 80 other people.

Wednesday, December 23, 2015

URBAN ETIQUETTE ELLEN VANSTONE



Dear Ellen, I say it's OK to use emoticons in emails. My mom says no way. What do you

:), Vancouver Dear :),

If you're sending an invitation to a karaoke birthday party, the more emoticons/emoji the better. But if you're submitting a resumé or student application, best to avoid them. Then again, if the place you're applying to is clown school, then yes, go emoticon go.

As with many matters of etiquette, it depends.

Personally, I have no problem with emoticons in emails, which (unlike imagebased emoji) are made with letters and symbols and can be fun and creative. ^_^

In fact, I wish I'd learned to use :D and ;) and :) and :P years ago when email was new and people were forging the proper approach to online etiquette.

For famously rude oldschool journalists, the cursory way we dealt with each other in person and on paper only got worse with electronic communication. Though fussy about spelling and punctuation in published articles, our emails were and still are sharp, direct and barely literate, because, you know, our time is so damn valuable. (Also, no one is paying us by the word in an email.)

For my non-journo friends, however, this "quick, efficient" approach

An emoticon is most definitely recommended ... if there's any risk of misunderstanding. THE QUESTION

I say it's OK to use emoticons in emails. My mom says no way. What do you say? -:









Next time, please be more specific.

miamigo.ca

was often perceived as "curt, rude and offensive." I've now learned that when a tight deadline or a long meeting does not permit sending a proper email, I can at least take the time to add a friendly smile or cheerful exclamation point to a oneword message in order to signal goodwill until I have more time to write or call.

An emoticon is most definitely recommended if you can't resist jocularity and there's any risk of misunderstanding. The difference between "Thanks a lot, hate you too" and "Thanks a lot, hate you too ;P" is vast.

As for more elaborate emoticons, I usually steer clear. For one thing, they

take too much shift-hunting and option-pecking on the keyboard. For another, they can be misconstrued. When you write, "Yes I did see the vicious reviews of my work on Twitter" and then add +_+ it's not really clear if the emoticon means "No comment" or "I am so freaked out, I got wasted and now I'm in a coma."

Finally, a word about image-based emoji. They're sometimes annoyingly inevitable, as when programs automatically translate your :) emoticon into a trademark happy face. And Google's decision to replace Gmail's retro emoji with grotesque yellow blobs is bewildering. But even those inelegant

shapes can amuse when you're stuck on the bus, idly composing inane messages to close friends or small chil-

In short, dear :) in Vancouver, when it comes to using emoticons or emoji in emails or elsewhere, use common sense, err on the side of respectful restraint and never, ever use them with your

Happy holidays!



Need advice? Email Ellen: scene@metronews.ca

metroview

Here's how to stop Canada Post's slowmotion death march

R. Michael Warren



"We will stop Stephen Harper's plan to end door-to-door mail delivery in Canada and undertake a new review of Canada Post, to make sure it provides high-quality service at reasonable prices to Canadians, no matter where they live."

Of the hundreds of election promises made by Justin Trudeau, this one ranks among the most naive.

Ending home delivery for the one-third of Canadians who still receive it saves Canada Post more than \$200 million a year. It's a key part of its \$700-million Five Point Action Plan to make the corporation profitable.

The Liberals' "fully costed" campaign platform doesn't mention compensating Canada Post. It's as if the corporation can somehow lose \$200 million in savings and not slide back into operating losses covered by taxpayer subsidies.

The "new review" of Canada Post implies there is a silver bullet that will allow it to deliver fewer letters to a growing number of addresses at a reasonable price.

The Harper government allowed Canada Post to struggle for years with a "Transformation Plan" that failed to deliver the promised financial and service results.

It hired Moya Greene, an executive with privatization experience, to head up Canada Post in 2005. She proposed a gradual privatization. The corporation was profitable. debt free, worth about

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Harper failed to act when

\$1.5 billion and had a fully

funded pension plan.

the conditions were most favourable. By 2013, Canada Post was bankrupt. Its pension plan was underfunded by \$6.5 billion. (All these financial obligations are guaranteed by Canadian taxpayers.)

The Harper government said if Canada Post would implement the tough five-point plan, it would receive four years of relief from making up its pension deficit. This delays but doesn't reduce the obligation.

The plan relies on rate increases and savings from removing home delivery. With pension obligations temporarily lifted, it produced a shortterm profit last year. But by the middle of this year, it was again facing losses.

So Canada Post may soon be looking to the government for subsidies to continue letter mail service, something Trudeau neglected to mention. Meanwhile, its pension deficit swelled to \$6.8 billion.

Cheaper competitors can make money on all but remote rural routes. It's cheaper to pay them for this than to support Canada Post's monopoly. Canada Post should sell its 90 per cent, \$1.5-\$2-billion stake in Purolator and be privatized, with the proceeds going to its debt and pension shortfall.

Trudeau should end Canada Post's death spiral with real changes that should have been implemented years ago.

R. Michael Warren is a former corporate director, Ontario deputy minister, TTC chief general manager and Canada Post CEO.



Your essential daily news

Kimoji app broke the Apple App Store, crashing it with 9,000 downloads

Kim Kardashian's

per millisecond

Download mayhem

Wednesday, December 23, 2015

Savoury pies a winter delight

NEW COOKBOOK

This book of 100 recipes will warm your belly all season

Members of Team Pie will love Dinner Pies - a 100-recipe book devoted to savoury pies to get them through the winter.

Focusing on hearty meat- and root-vegetable-based pies presented as a full meal, Dinner Pies' (\$36) first chapters are a primer of essential tools and ingredients for pie crusts, tips on rolling out the dough, and a dozen recipes for the crusts used throughout the book (sorry, no vegan options).

From there, about 100 recipes for savoury pot pies, hand pies, turnovers tarts, quiches, galettes, and cobblers fill the 269-page book. Classic pies — sausage and Guinness, Shepherd's pie and asparagus and goat cheese quiche are covered along with some more, ahem, American entries like Fritos chili pot pie, Tex Mex chicken tortilla pie and taco pot pie. You'll have to look at the author's previous books for the sweet pies.

Ken Haedrich is the man behind The Pie Academy website (thepieacademy.com), an online recipe hub and shop for all things pie-related. He's also written half a dozen other cookbooks centred on American comfort food (he is from North Carolina, after all).

The Curried Chicken is Haedrich's "favourite chicken pot pie

Curried Chicken Pot Pie

There's enough filling here to make three or four individually sized pies. Cover extra filling with aluminum foil and store in fridge for an easily reheated dinner. The curry adds aromatics but not much heat, so if you want it spicy, add 1 tsp cayenne.

Ingredients

- 3 boneless, skinless chicken breasts
- 1/4 cup (1/2 stick) unsalted • 1 cup finely chopped white
- onion • 1 1/2 cup peeled and finely
- diced carrot • 1 cup finely diced red bell pep-
- 1/4 cup all-purpose flour
- 2 tbsp mild curry powder • 1 3/4 cups no-salt added chicken broth
- 1 1/4 cups whole milk or halfand-half
- 1 cup canned chickpeas, drained and rinsed
- 1 cup frozen peas
- 1/3 cup canned pumpkin puree (not pumpkin pie filling)
- 1/2 tsp table salt
- 1/4 tsp black pepper
- 1 large egg beaten with 1 Tbsp whole milk or half-and-half (to brush on top of pie crust)

Bring a medium-sized pot of water to a rapid boil over medium-high heat. Add chicken breasts and cook until no longer pink in middle, about 10 minutes. Remove from heat. Let cool to room temperature and dice into small cubes. Set aside.

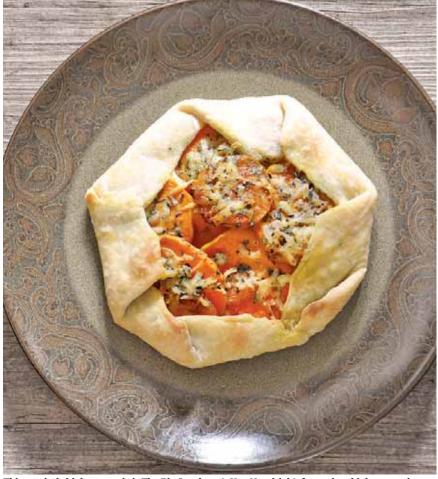
Melt butter in a large pot over medium heat. Add the onion, carrot and pepper. Cook until vegetables soften, 10 minutes.

Add flour and curry powder. Stir, 1 minute. Add chicken broth slowly, stirring frequently to dissolve curry powder and flour. When broth thickens, add milk. Continue to cook at a slow simmer another 3 minutes, stirring frequently to prevent burning.

Stir in chicken, chickpeas, peas and pumpkin puree. Add salt and pepper. Taste. Adjust seasoning as needed. Continue cooking until the liquid in the pot becomes a thick gravy.

If making more than one pot pie, divide the filling into oven-safe ramekins or small pans that can each hold about 1 to 1 1/4 cups of filling. Make sure to leave a bit of room for the pie crust on top. Set aside.

Divide the pie dough ball into the number of pie pans you are using. On a lightly floured surface, roll out each dough ball



This curried chicken pot pie is The Pie Academy's Ken Haedrich's favourite chicken pot pie recipe. CONTRIBUTED

with a lightly floured rolling pin until the dough is slightly bigger than the diameter of the pie pan. Drape the flattened dough over the top of the pan, pressing any extra dough on to the side of the pan to seal the pie. Using a fork or a knife, poke two or three

holes in the centre of the crust. Repeat for the other pies.

Lightly brush the dough with the egg mixture.

Place the pot pies on an unlined baking sheet in the oven. Bake at

375 F for 35 to 45 minutes, until crust is golden-brown and filling is bubbling hot. Place on a cooling rack for at least 15 minutes before serving.

Makes 4 servings. TORSTAR NEWS SERVICE

The search for True North flavour

Revving up a snowmobile to cook beans with its muffler was just one adventure had by chef Derek Dammann and writer Chris Johns while researching their stunning new book, True North.

In the foreword of True North: Canadian Cooking From Coast to Coast (HarperCollins Publishers Ltd.), British celebrity chef Jamie Oliver writes a laugh-out-loud introduction to his friend of more than a decade.

The two chefs first met when Dammann lunched at Oliver's Fifteen restaurant in London, the day before he was due to fly back to Canada at the end of a trip to study European food. Despite "alarm bells ringing" that Dammann was "showing all the signs of an obsessive stalker," Oliver writes he agreed to Dammann's proposal to don an apron for a stint in the kitchen

At midnight, when an impressed Oliver said he would have given him a job as a senior chef if he wasn't leaving the country, Dammann shouted, "I'll take it," cancelled his flight and worked at Fifteen for three years.

"Damn, that boy can cook,"

Oliver writes. "I really think he's up there with some of the absolute best chefs in the world."

Dammann laughs about Oliver's foreword during an interview at the publisher's Toronto

"I was ready to dance with it, just whatever it was, accept it, but then it's even funnier," says Dammann. "He calls me a virgin and a psycho. It's funny."

True North, which alludes to the national anthem in its title, celebrates Canadian food through the experiences of Dammann and Johns, who spent 3 1/2 years gathering material for the book.

"There's a stereotype to Canadian food for sure, just like BeaverTails and back bacon and the poutine and ... doughnuts. Everyone's seen (the film) A Strange Brew and you get the idea of what everyone's vision of what Canadian cuisine is," says Dammann, who grew up in Campbell River, B.C.

"But we just wanted to show through our eyes - with the ingredients and the travel and the stories — the way we look at it." THE CANADIAN PRESS



Writer Chris Johns, left, and chef Derek Dammann were inspired by Canadian ingredients — from East-Coast cod, to spot prawns out West, to lentils on the Prairies. THE CANADIAN PRESS

Fargo series took on a life of its own

Fargo's second season is over, but many of us remain mesmerized by it, as if we were flat on our backs staring up at a UFO.

In the midst of the TV industry's creative and cultural peak, the Calgary-produced show slipped onto the scene and quietly, steadily propelled itself up critics' best-of lists.

The first season of creator Noah Hawley's anthology for FX was tremendous in its own right — it effortlessly shrugged off any expectations viewers had in connection with Joel and Ethan Coen's iconic 1996 film - but Fargo's second season is even better.

Fargo succeeded by using snippets of multiple dramatic constructs to assemble a firstrate, postmodern pastiche that felt familiar and fresh all at once.

In Season 1, Hawley wove elements of the Fargo movie into his plot, paying homage to the Coen Bros.' genius at nearly every turn.

To help give the TV version of Fargo a life of its own, Hawley created unforgettable standalone roles in Season 2 with no connection to the tale that preceded it.

Each had a crucial place in the plot's house of cards; never did you get the sense (as you did in True Detective's second season) that scenes had to be divided equally among the major stars. Instead, you can't imagine Season 2 of Fargo without any of them.

The end result of Hawley's brilliant splicing process inten-tionally blurred the lines between the movie and the first two seasons - a third season is scheduled for the spring of 2017 — and between objective and subjective reality. TORSTAR NEWS SERVICE



Kirsten Dunst in Fargo.

JOHANNA SCHNELLER WHAT I'M WATCHING

Show exposes incompetence

THE SHOW: Making a Murderer, **Episode Four (Netflix)**

Brendan Dassey, a 16-year-old boy with an IQ of 75, phones his mother from prison in Manitowoc County, Wisc. He's just confessed that he and his uncle, Steven Avery, raped and murdered photographer Teresa Hallbach.

"I didn't do it, though," he tells his mother (Avery's sister). "But why did you say it if you didn't do it?" she cries, audibly panicked. "I guessed," Brendan says. "Like I guess at my homework."

You might want to watch this true-crime series behind closed doors, because I guarantee you will be yelling at your screen. It follows Avery's case over a ten-year period. The gross incompetence it exposes — of the police, lawyers, and judges - is breathtaking, and the degree to which they manipulate people and facts is deeply troubling.

Making a Murderer feeds the appetite for true crime stories evinced by the huge successes of the podcast Serial and HBO's miniseries The Jinx: The Lives and Deaths of Robert Durst.

If the first season of the former was about race in America

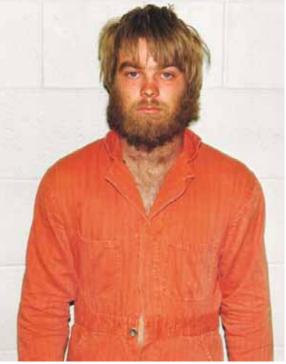


You might want to watch this true-crime series behind closed doors, because I guarantee you will be yelling at your screen.

(the second season just started), and the latter about money, Making a Murderer is about class. Avery's family owns an auto salvage business (much of the voiceover is accompanied by shots of rusting cars). They're undereducated (his mother calls newsmagazine shows, "Them things that's on TV always"). His girlfriend is in and out of prison for drunk driving. Seeing what easy targets they are will make you queasy.

"Poor people lose," Avery sums up. "They lose all the time."

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Making a Murderer is a show that is ultimately about class. CONTRIBUTED

Director X's surprise success

Through the seemingly endless stream of parodies and fan adulation for Drake's viral Hotline Bling video, perhaps no one has been more surprised by its success than its Toronto director.

"It was incredible," said Director X (real name Julien Christian Lutz) of the reaction to video, which has surpassed 245 million views.

"I was really blown away. I didn't expect it to be so big. It's

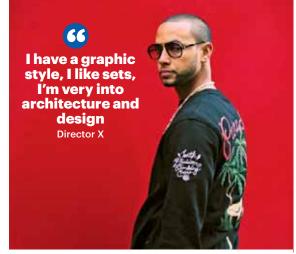
X, as he's often referred to, has been directing videos for some of the world's biggest recording artists for 20 years now. They include Kendrick Lamar, Usher, Justin Bieber, Nicki Minaj, Timbaland, Jay-Z, Alicia Keys and John Mayer, to name but a few.

He's also getting into bigscreen projects and is directing his second feature film, Center Stage 3: Dance Camp.

He shot Hotline Bling through his production company, Creative Soul, in Toronto in September. It was his third time working with Drake after Worst Behaviour and Started from the Bottom.

"He's a great collaborator," said X. "He definitely knows what he wants and even has an understanding of what's going to work. It's a good experience working with him.

"It's good to be working with someone that's more of a partner



Brampton, Ont., native Director X got his start as an intern at MuchMusic in the mid-'90s. COURTESY DIRECTOR X/TORSTAR NEWS SERVICE

than just some guy who shows up and then stands in front of the camera and leaves," X continued.

"He's involved, top to bottom, beginning to end. He's not leaving anything for someone else to figure out for him."

Hotline Bling, which debuted in late October, has become a sensation, largely because of Drake's slow body-roll dancing in it.

But it was X's artistic vision that emphasized the moves.

The video starts with a shot

of curvaceous women working in a cubicle-divided call centre. It then cuts to Drake (whose real name is Aubrey Graham) doing a series of shimmy-shuffle grooves on a minimalistic, illuminated set featuring light boxes and stairs.

Overall, the goal was "just doing a big performance piece," said X, noting he was asked to do something along the lines of his Temperature video for Sean Paul. THE CANADIAN PRESS



Your essential daily news

Vauxhall Astra of Top Gear fame being sold on eBay for charity

Itain't heavy, it's the Tahoe



THE CHECKLIST **2016 CHEVROLET TAHOE**

THE BASICS

Type. Four-door, 7- or 8-passenger full-size SUV Engine (hp/torque). 5.3-litre V8 (355/383)

Transmission. Six-speed automatic

Price. \$52.740 (base). \$68,435 (tested), plus destination

COOL FEATURES

- · Wireless phone char-
- ging
 Heated steering wheel
 Heated and cooled
- front seats
 Rain-sensing wipers
 Adaptive cruise control
- Front collision warning with automatic braking
- Tri-zone automatic climate control



JIL MCINTOSH/FOR METRO: MAIN: COURTESY GM

- the mechanical twins to the Tahoe and Suburban, but slightly more
- The 5.3-litre V8 uses active fuel management, which shuts off fuel to half the cylinders when full power isn't needed for better efficiency.

 • If the lane departure system notices you drifting out of your lane, it vi-

brates the seat as a warning.

MARKET POSITION

niche market, but can be popular with those who need passenger and cargo space while towing boats or trailers. GM and Ford are the only mainstream companies to offer one model in two different lengths.

Quick steering response makes heavy. Much of that has to **Chevy SUV feel** much smaller

Jil **McIntosh** For Metro Canada



Between gas prices, congestion and parking woes, fullsize SUVs don't have the cachet they once did. But there's still a place for them, and so GM has completely redesigned its Chevrolet Tahoe and Suburban.

The two are essentially the same, but the Suburban rides on a longer wheelbase, with more legroom and cargo space. The 2015 models got the update, while the 2016 versions are unchanged except for some trim items.

I drove the Tahoe. Like the Suburban, it uses a 5.3-litre V8 as before, but this is a new version that, at 355 horsepower, is more powerful than the 320-horse version it replaces. It comes in two- or four-wheel drive, and when properly equipped, it can tow up to 3,856 kg (8,500 lbs), an important factor in a vehicle that many people buy in place

For all its bulk, and it is big, the Tahoe doesn't feel do with its quick steering response, which makes it feel like you're piloting something much smaller. The cabin is extremely quiet, and the strong engine accelerates swiftly and smoothly when power is needed. Its fuel economy will seem high if you're accustomed to a smaller crossover, but its published figures are the best of its competitors.

The interior is handsome, and the first- and second-row seats are comfortable, but the third row is another story. Perched above the rear axle, these flat-cushioned chairs are close to the floor and leave you sitting with your chin on your knees. Unless you have small children, or friends desperate for a ride, you'll probably keep them folded down to give you more cargo space.

Available in three trim lines, the Tahoe also offers a number of option packages that add some nice features but also can get pricey. My mid-range LT trim was optioned to more than \$68,400, but still didn't have a navigation system. That said, for those in the market for a full-size SUV, Chevrolet's redesigned version is very well done and worthy of a look.



Its fuel economy will seem high if you're accustomed to a smaller crossover, but its published figures are the best of its competitors.

• The GMC Yukon and Yukon XL are upscale and pricier.

Large SUVs are a

Automotive presence to be bigger than ever at 2016 CES

In recent years the Consumer Electronics Show in Las Vegas has been reenergized as an event for providing consumers with a peek into the automotive world of the future and at this year's show, which runs Jan. 6 to 9, 2016, a new record is expected in terms of the number of automakers in

Aston Martin

It can still compete in terms of esthetics, but in every other department, James Bond's automotive brand of choice is slipping further and further behind the competition. However, all of that is expected to change in the year ahead, starting with CES where the company is tipped to present its first connected car concept.

No stranger to the event, or to wowing the crowds with autonomous technology, Audi is tipped to unveil a new flagship A8 luxury sedan complete with a production-ready version of its piloted driving and remote parking systems.

Rinspeed

The Swiss design studio is showing an autonomous car concept called the Etos. Based on the BMW i8 it even has its own drone that can take to the sky to check out the road ahead or be sent out for pizza when stuck in traffic.

Bosch

One of the most intriguing of the German automotive supplier's showcases will be a crowd-sourced take on finding a parking space. "With the help of sensors, cars identify

and measure the gaps between parked cars as they drive past them. The information they record is transferred to a digital road map," explains Gerhard Steiger, president of the Bosch Chassis Systems Control div-

THE COMPETITION

Ford Expedition

Dodge Durango

Toyota Seguoia

Base price: \$54,535

Continental

The tire maker and component supplier will be giving realworld demonstrations of its Dynamic eHorizon connected car platform that, in Continental's own words, lets you see around the corner. "Predictive driving is safe driving. This is what any driver learns in driving school, said Ralf Lenninger, head of Innovation, System Development and Strategy.

Volkswagen

Rumours are flying that a new car based on its iconic Microbus will be unveiled in Las Vegas; however, all VW will say is that it will be a "completely new concept car" and that it will mark "the beginning of a new era of affordable long-distance electromobility."



Rumour has it a new car based on Volkswagen's iconic Microbus will be unveiled.

TORSTAR NEWS SERVICE FILE

(((SiriusXM))) caravan Kids



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Metrasports

Former Tampa Bay coach doesn't expect the Steven Stamkos hysteria to die down soon: 'It's big because Stammer's big'

CANADIANS TO WATCH IN FINLAND

The world junior hockey championship begins on Saturday with Canada facing the United States in the preliminary round. Here are five Canadian players to keep an eye on starting on Boxing Day:

JAKE VIRTANEN

Right-winger, New Westminster, B.C.

Virtanen rode his success with last year's world junior champions on to the Vancouver Canucks roster, officially making the NHL team on Nov. 1 as a 19-year-old rookie. Since that impressive start to the season he's struggled with one goal and four assists in 19 games. He went scoreless in two games while on a conditioning assignment with the American Hockey League's Utica Comets before joining Canada's junior team. He could be a leader in the Canadian locker-room but also has the opportunity to turn around his season in the NHL.

2015-16 stats (Vancouver Canucks, NHL)

GP G A +/- PIN 19 1 3 -3 1



Centre, Calgary

Point is arguably the best player in the Western Hockey League and a veteran of Canada's 2014 gold-medal junior team. However, he injured his shoulder on Nov. 17, forcing him to miss several games for the Moose Jaw Warriors and wear a non-contact jersey for Canada's selection camp. He played in Canada's precompetition games but also missed some practices to rest his injury. If he's on the ice he's one of Canada's most dynamic playmakers. If he's injured, Canada will need to scramble to find a distributor of Point's ability.

2015-16 stats (Moose Jaw Warriors, WHL)

GP G A +/- PIM 19 18 25 9 8

ANTHONY BEAUVILLIER

Left-winger, Sorel, Que.

One of the youngest players on Canada's roster this year, Beauvillier impressed at selection camp in early December, scoring four times in two games against Canadian university all-stars, including a hat trick. His strong play continued into pre-competition exhibition games. He could be a breakout star of the tournament if his hand stays hot.

2015-16 stats (Shawinigan Cataractes, OMJHL)

GP G A +/-21 17 24 6





MASON MCDONALD

Goaltender, Halifax

Hockey Canada's original plan was to carry two goaltenders, with Mackenzie Blackwood being the presumptive starter and McDonald keeping him sharp as a skilled backup. That all changed when Blackwood was suspended for eight games by the OHL on Dec. 8. Now Blackwood can't dress for Canada's first two games of the world juniors, putting McDonald between the pipes and last-minute addition Samuel Montembeault on the bench. McDonald, at least against the United States and Denmark, will have all eyes on him.

2015-16 stats (Charlottetown Islanders, QMJHL)

GP W L GAA SV% 19 7 12 3.47 0.893

DYLAN STROME

Centre, Mississauga, Ont.

All the attention has been showered on outspoken winger Mitch Marner ahead of the world junior championship, but Strome will be the centre for Canada's top line at the tournament. The third-overall pick of the 2015 NHL draft, Strome is Canada's most talented player in Helsinki, Finland. How he and longtime friend Mitch Marner react to the pressure of the event could decide if Canada will repeat as world champions.

2015-	16 etate (Fri	e Otters, OHL)	
2010	io stats (Ei i	C Cttois, Citt,	
	1/	DIM	

GP G A +/- PIM 25 16 37 15 12

THE CANADIAN PRESS/GETTY IMAGES PHOTOS



Anthopoulos at peace with decision

Ex-Jays GM says he expects to be employed next month

A two-month break from the grind of the baseball off-season has been good for former Toronto Blue Jays general manager Alex Anthopoulos.

It has given him a chance to introduce some balance in his life and spend more time with friends and family. He's also mulling over potential work options and expects to return to the sport he loves next month.

Anthopoulos, looking relaxed and content during an interview with The Canadian Press at a mid-town café in Toronto, has enjoyed his time at home since turning down a contract offer to stay with the Blue Jays.

"I get to give my wife a break," he said. "I'd say I'm learning what it's like to live a normal life again, which is kind of nice. You kind of forget what you miss.'

Anthopoulos stunned fans and baseball observers by turning down a long-term deal a few days after his team was eliminated by the Kansas City Royals in the American League Championship Series. He was eventually replaced by Ross Atkins, a former Cleveland Indians executive who had worked with new Blue Jays president Mark Shapiro.

The decision ended Anthopoulos's 12-year run with the team. He first joined the club as a scouting co-ordinator in 2003 and had served as GM since 2009.

Toronto won the East Div-



Alex Anthopoulos served as the Blue Jays general manager from 2009-2015. CHRIS YOUNG/THE CANADIAN PRESS

ision title in 2015 and returned to the post-season for the first time in 22 years.

Anthopoulos could very well find himself employed again

"I'm getting there and come next month, come January, I'll work again," Anthopoulos said. "Most likely for a team but it's not 100 per cent. There were some media opportunities that came up that were interesting just from a quality of life standpoint.

"But then the more I thought about it, it's most likely I'll stay in baseball. Just because I've done it so long and I'm still young in my baseball career. I don't think



Anthopoulos went out with his stock at a high. He was named Major League Baseball executive of the year by the Sporting News on the same day he announced that he wouldn't be returning to the Blue Javs.

I'm prepared to walk away." The team he helped build is expected to be a contender

again in 2016. Anthopoulos will be watching from the outside, but has no regrets about turning down

a lucrative long-term deal.

Trust me, I thought about it a lot. I tried to talk myself into it," he said. "Like I talked about at the time, it was more instinctive. Again it was just how I felt, and it wouldn't be fair to the organization, to ownership, to everybody if I wasn't totally mentally fulfilled ... I know myself. I can't fake it. At 38 years old I don't want to just cash a check and just mail it in. I don't want to just show up to work every day and not be passionate and driven and excited.

"You need to be all in. So if you're not, I'm not going to take the money and do that job. I just can't.'

THE CANADIAN PRESS

71 of Dartmouth passed away suddenly on Sunday, December 20, 2015. Born in Ilford North,

DAKIN. Patricia Irene (nee Freeman)

metr*

OBITUARIES

Essex, England. She was the daughter of Canadian Soldier J. Laurie Freeman and war bride Irene Hall; immigrating to Nova Scotia in 1946. She was a retired employee of 29 years from Dartmouth Heritage East Coast Credit Union and was also a longtime member of Stevens Road Baptist Church, Dartmouth, NS. She loved to volunteer and was well known for her baking abilities. She is survived by her companion of 32 years, Bob Thompson; her children Bruce and Nancy (Glenn) Nickerson; granddaughter Rebecca; Ellery Dakin, father of Nancy and Bruce; her brother Keith (Edie) Freeman, sister Pam (Trevor) Townsend and extended families. Visitation will be held from 2-4, and 7-9 pm Monday, December 28, 2015 in Atlantic Funeral Home, 771 Main St, Dartmouth. A funeral service will be held 1:00 pm Tuesday, December 29, 2015 at Stevens Road United Baptist Church, 2 Stevens Rd, Dartmouth. Reception following the service. Private family burial in Dartmouth Memorial Gardens. Family flowers only, donations may be made to the Heart and Stroke Foundation in her memory.

Online condolences may be made at www.atlanticfuneralhomes.com (Dartmouth Chapel).

Funeral





Atlantic Funeral Home

Dartmouth Halifax Sackville

Cards, Leake sign \$80M deal



Mike Leake was 11-10 last season between stays in Cincinnati and San Francisco. RONALD MARTINEZ/GETTY IMAGES

Free-agent pitcher Mike Leake and the St. Louis Cardinals have agreed to an \$80-million, fivevear contract. General manager

John Mozeliak announced the deal at a news conference on Tuesday.

A 28-year-old right-hander, Leake is 64-52 with a 3.88 ERA in six big-league

seasons. He was 11-10 with a 3.70 ERA for Cincinnati and San Francisco last season, totalling 30 starts and 190 innings.

Ace Adam Wainwright, who returned late in the season from a torn left Achilles tendon, heads a rotation that

includes Carlos Martinez, who was sidelined in September by a shoulder injury but is anticipated to be ready for spring training. Jaime Garcia and Michael Wacha also are ex-

pected to start, and Marco Gonzales and Tyler Lyons could earn rotation spots.

THE ASSOCIATED PRESS



Smoltz replaces Reynolds as Fox's lead analyst

Hall of Famer and 1996 NL Cy Young Award winner John Smoltz has been promoted to Fox's lead baseball analyst and will work alongside play-by-play man Joe Buck, displacing Harold Reynolds and Tom Verducci.

Fox is discussing different roles for Reynolds, who drew the ire of Canadian baseball fans this past fall when he said "they're not used to catching a lot of balls in the stands." THE CANADIAN PRESS

Kerr back at Warriors

State Warriors — for a practice at least.

day with interim coach Luke Walton out with an illness. Kerr has been out since training camp as he deals with complications from back surgery he had

I'm not 100 per cent health-wise," Kerr said. "But I'm getting better, building some strength. Today was a good day."

Severe knee injury hard

Cavaliers guard Kyrie Irving has vowed to never watch another replay of his knee injury in last sea-

The All-Star point guard

🛑 IN BRIEF

helm after back surgery Steve Kerr was back in charge of the Golden

Kerr ran practice Tuesin the off-season.

"I felt pretty good but THE ASSOCIATED PRESS

for Irving to forget

son's NBA Finals.

Irving, who made his season debut on Sunday against Philadelphia, said following practice on Tuesday that he looked at the video of him breaking his left kneecap in Game 1 eight times since last June. But the 23-year-old swore he won't look at it again, saying, "I had to let it go."

will return to Oracle Arena for the first time since suffering his severe injury when the Cavs visit the champion Warriors on Christmas Day. THE ASSOCIATED PRESS

Panthers can't bring bats

Tradition banned after skirmish with Beckham Jr.

A frustrated Ron Rivera will no longer allow Carolina players to bring baseball bats on the field before games even though he said the Panthers have done nothing wrong.
The Panthers coach is upset

about what he said are untrue reports that some players taunted Giants wide receiver Odell Beckham Jr. with physical threats and homophobic slurs before Sunday's game.

Rivera said Tuesday that the Panthers wouldn't stand for that kind of behaviour and the team found no evidence it occurred.

When asked if the Panthers hadn't broken any league rules why he made the decision do



The NFL has suspended New York Giants wide receiver Odell Beckham Jr. for one game for his conduct in Sunday's loss to Carolina in which he drew three personal foul penalties.

Beckham is appealing his suspension. THE ASSOCIATED PRESS



In this photo taken Dec. 13, Panthers defender Bene Benwikere swings a bat as he takes the field to play the Atlanta Falcons in Charlotte, N.C. CURTIS COMPTON/ATLANTA JOURNAL-CONSTITUTION VIA THE ASSOCIATED PRESS

away with taking the bat on the field, Rivera said, "because I'm going to hear it if I don't.

That's the truth of the matter," Rivera said. "So to avoid the situation and set of circumstances, let's just eliminate it. So that's what we're going to do. Again, it's the No Fun League for a reason.'

Neither the Giants nor Beckham have released any statements accusing the Panthers of taunting the wide receiver before the game with physical

harm or homophobic slurs. Rivera said homophobic If there is something out there that is factual, that there is truth or hard evidence, please present it to us as well so we can act accordingly. Coach Ron Rivera

slurs are an important social issue and he doesn't take them

"If there is something out there that is factual, that there is truth or hard evidence, please present it to us as well so we can act accordingly," Rivera said. "We don't tolerate

that here. We don't. If there is some truth to it we will react to it and handle it appropriately. Until there is, there's nothing for me to do.'

None of the Panthers questioned about the incident addressed the issue in the open locker room session, which

came before Rivera's press conference.

The coach said the baseball bat is used by the Panthers as a motivational prop, representing the team having a home-run mentality when it comes to making big plays.

Rivera spoke to practice squad player Marcus Ball, who was seen carrying the bat before the game, but the defensive back denied any of the accusations.

'I've seen some of the clips, but honestly they are benign,' Rivera said. THE ASSOCIATED PRESS

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Sarah McLachlan

RECIPE Roasted Shrimp and Broccoli over Soba Noodles



Ceri Marsh & Laura Keogh For Metro Canada

Skip takeout and whip up this easy noodle dish.

Ready in

Prep time: 25 minutes **Serves 4**

Ingredients

- 1 x 8 oz package of soba noodles
- •1 lb large shrimp, peeled and cleaned
- 1 head of broccoli, trimmed into small florets
- 4 Tbsp vegetable oil
- 2 Tbsp sesame oil
- 2 Tbsp rice wine vinegar
- 2 Tbsp lemon juiceSalt and pepper to taste

Directions

- **1.** Preheat the oven to 425 F. Get a big pot of water on to boil.
- **2.** In a small bowl, mix together your oils, vinegar, lemon juice and a bit of salt and pepper. In a large

bowl, toss together your broccoli and half of that marinade.
Now spread it out evenly across two baking sheets and pop it in a hot oven for 10 minutes.

- 3. In that same bowl, toss your shrimp with the other half of the marinade. When the broccoli has been in the oven for 10 minutes, take out the sheets, turn the broccoli over and add the shrimp evenly across the two sheets. Put it all back in the oven for another 10 minutes.
- **4.** Cook your soba noodles according to package instructions.
- **5.** In the final 2 or 3 minutes, take the baking sheets out and give everything another stir. In the end the broccoli should be firm but tender and all the shrimp should be opaque and pink.
- **6.** Drain the soba noodles and turn them out onto a big platter. Spoon the broccoli and shrimp over top. Pour any juices that have accumulated in the pan on top.

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CROSSWORD Canada Across and Down BY KELLY ANN BLICHANAN

ACROSS

1. "Sleigh Ride" bit: _-up, let's go...' 6. Nova Scotia island 11. Month parts [abbr.] 14. Blazing 15. Mountain chain 16. 'Serpent' suffix 17. Seasonal tune covered by Canadian singer Kim Stockwood: "It's a _ World" 19. Christmas beverage 20. 'Kitchen' suffix 21. Brain wave 22. Like poodle skirts now 24. Trendy Christmas fashions: 2 wds. 27. Progresses 30. Prod 31. Surrealist artist Max 32. Orange juice 35. "_ it about time?" 38. Stop-39. House levels, variantly 42. "Gosh!" 43. Singer on "Do They Know It's Christmas?": Boy George aka George O'_ 45. To the _ (Fully) 46. 'My Christmas Favorites': Tennessee Ford album 48. Cartoon bear 50. Scant 51. "The Twelve Days of Christmas" has

eleven: 2 wds.

56. "I'm dreaming

of a white Christ-

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mas / Just like the __ used to know...'
- Irving Berlin
57. Driving 4x4s,
commonly
58. Christmas angel spot
62. School org.
63. Resort hills
are illuminated for

it: 2 wds. 66. Bother 67. Sports shoe's slip stopper 68. In with 69. Yesses opposites 70. _-totsy 71. Heads: French

DOWN1. Up for it

2. "__ first you don't succeed..." 3. Soil 4. #49-Down is based on his book: 2 wds.

4. #49-Down is based on his book: 2 wds. 9. 5. Slangy affirmation, variantly on 6. "A Very _ Christ-

starring a '70s family sitcom cast) 7. Wheezing noises 8. Bride's new

relative 9. Pride 10. Prepare the gift once more 11. Festive tune by

mas" (1988 TV movie

that starts "Lake is frozen over.. 12. Bouillon brand 13. Some lilies 18. Wire diameter measures 23. Needle case 25. Comprehends 26. Catch a glimpse 27. Remain un settled 28. Jason's craft 29. Rocky Mountain features: 2 wds. 32. Taro root dish 33. Website 34. Permit 36. Film _ (Movie genre) 37. Yoredom's 'you' 40. Not that 41. Visible 44. Performs 47. "Alexander's _ Band" by #56-Across 49. Jim Carrey's 'Mean' 2000 Christmas role 50. Pine for 51. Make a brief visit: 2 wds. 52. Brief beginning 53. Washington's _Sound 54. "___I 54. "__ poten-tial." (House buyer's observation) 55. "Christmas All Over Again" by Tom _ & The Heartbreakers 59. Hilarious human 60. Feminine suffix 61. #19-Across ingredients 64. UN workers agcy. 65. Kit _ (Chocolate treat)

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Go your own way and do your own thing. Don't expect support from others. You'll discover you're better off without them anyway. You know what needs to be done, now do it.

Taurus April 21 - May 21
Your instincts will guide and protect
you. Don't be fearful. Anyone who
doubts that you can be original
will have those doubts silenced.
Now is the time to take chances.

Gemini May 22 - June 21
You will give freely of your time and energy today but take care that your generosity is not abused. Sometimes you can be too easygoing for your own good. Give only to those who deserve your help.

Cancer June 22 - July 23
Surprises are likely, so brace yourself for unexpected changes. You may not have much control over what's taking place in your life, but that does not mean you won't enjoy it.

Leo July 24 - Aug. 23
If you're going to take a risk, if you're going to put everything you've gained on the line, now is the time. There is no guarantee you'll win but the odds are definitely in your favour.

Yirgo Aug. 24 - Sept. 23
You will go against accepted wisdom today. Deep down you know your way is best, even if the whole world is against you. You will make some outrageous decisions, and each and every one of them will be right!

Libra Sept. 24 - Oct. 23
You will surprise yourself and do something that scares you. You might even make a success of it. But even if you don't you'll still impress people in positions of power.

Scorpio Oct. 24 - Nov. 22
Do what makes you happy, not what makes other people happy. If that makes you unpopular in certain circles, so be it. You might find yourself better off financially without them as well.

Sagittarius Nov. 23 - Dec. 21 You feel inspired to do something out of the ordinary. Whatever it may be, and whatever the reaction, you're sure to make a success of it and you're sure to make money from it.

Capricorn Dec. 22 - Jan. 20
Let your hair down and let others see you are not at all the conservative Capricorn they think you are. Don't worry if you shock certain people. The way to get noticed nowadays is to act just a little bit outrageous.

Aquarius Jan. 21 - Feb. 19
Don't worry if you fall behind in your
everyday routine. What matters is
that you give some thought to the
direction your life is heading. A
change of course may be necessary.

Pisces Feb. 20 - March 20 You have to be a bit more adventurous now. If you want to get in other people's good books then do something different, something they would never expect of you.

your last call.

CONCEPTIS SUDOKU by Dave Green

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metr#obituaries

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